



FOOTSTEPS OF THE BUDDHA

Pilgrimage With His Eminence Tsikey Chokling Rinpoche And Kyabgön Phakchok Rinpoche

December 15th-25th, 2010



The Chokgyur Lingpa Foundation is organizing our first ever guided pilgrimage to all the major sacred sites of Lord Buddha Shakyamuni. As Buddhists, a pilgrimage is an important act of devotion and faith. It enables us to accumulate merit and purify our defilements and obscurations of the body, speech and mind by the power of the blessings at each sacred site.

Lord Buddha said:

“Monks, after my passing away, if all the sons and daughters of good family and the faithful, so long as they live, go to the four holy places, they should go and remember: here at Lumbini the enlightened one was born; here at Bodhgaya he attained enlightenment; here at Sarnath he turned twelve wheels of Dharma; and here at Kushinagar he entered parinirvana. Monks, after my passing away there will be activities such as circumambulation of these places and prostration to them..... a pilgrimage to them [the four places] will help to purify their previously accumulated negative karmas, even the five heinous actions...”

This pilgrimage will be more unique as it will be led by His Eminence Chokling Rinpoche and Kyabgön Phakchok Rinpoche. During this once-in-a-lifetime pilgrimage, we will be tracing the *Footsteps of Buddha* Shakyamuni more than 2500 years ago. We will be visiting :

Lumbhini, where Buddha was born

Sravasti, where Buddha showed his supernatural abilities and performed miracles

Kushinagar, where Buddha entered parinirvana

Vaishali, where Buddha received an offering of honey from a monkey and is the main place for the third turning of the Wheel of Dharma.

Bodhgaya, where Buddha attained enlightened

Rajgir, where Buddha subdued Nalagiri, the angry elephant, through friendliness. Buddha also turned the Wheel of Dharma for the second time in nearby Vulture's Peak

Nalanda, where Buddha was a king in one of his former lives, and was the site of one of the great Buddhist Universities

Sarnath, where Buddha turned the Wheel of Dharma for the first time.

At the major holy sites, both Rinpoches will give brief teachings and lead all the pilgrimage participants in meditation practice as well as accumulation of merit through feast offerings and so forth.

The pilgrimage will start and end at Boudhanath, Kathmandu, Nepal. Participants are expected to make their own way to Kathmandu, Nepal. The tentative cost for this entire pilgrimage for twin-sharing would be USD 1,650 for deluxe accommodation and USD 1,400 for standard accommodation. This cost would cover accommodation at all eight sites, three meals a day, transport (from Kathmandu to all the sites and back), and entrance fees to the sites (where applicable).

To register for this pilgrimage or to obtain more information, please email us at events@cglf.org. The deadline for registration is **30 September 2010**.

- Participants who sign up and pay before 15 August 2010 will enjoy a 5% early bird discount.



H.E. Tsikey Chokling Mingyur Dewey Dorje, born in 1953 as the second son of Kyabje Tulku Ugyen Rinpoche, was recognized and enthroned as the 4th incarnation of the great 19th century treasure revealer, Terchen Chokgyur Dechen Shikpo Lingpa by His Holiness the 16th Gyalwang Karmapa. Rinpoche is now presiding as the Vajra King, responsible in particular for all the religious rituals of the Ka-Nying Shedrub Ling Monastery, its branches and affiliated centres worldwide.



Phakchok Rinpoche is the Supreme Head of the Taklung Kagyu lineage, the Abbot of a monastery in Chapagaon in the southern Kathmandu Valley, the Vajra Master of Ka-Nying Shedrub Ling Monastery in Kathmandu, and the Head of Riwoche Monastery in Tibet's Dokham region. Born in 1981 to Chokling Rinpoche and his wife Dechen Paldron, Phakchok Rinpoche is grandson of Tulku Ugyen Rinpoche and the elder brother of the Yangsi Dilgo Khyentse Rinpoche.

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